



**SUFFOLK OPEN WATER CHAMPIONSHIPS 2024**  
**Whitlingham County Park Norwich 14th July 2024**

**RESULTS**

**OVERALL CHAMPIONS**

	Name	Club	Time
Female 1000m	Lola-Rose Curtin	Team Waveney	00:16.38
Male 1000m	Charles Stock	St Felix Sch	00:17.56
Female 2000m	Ella Deaton	Newmarket	00:31.54
Male 2000m	Jacob Wild	Newmarket	00:30.21
Female 3000m	Amelia Saunders	St Felix School	00:45.25
Male 3000m	Myles Turner	West Suffolk	00:41.54
Female 5000m	Amelie Crabb	Team Ipswich	00:56.48
Male 5000m	Benjamin Every	St Felix Sch	00:54.55